

# CAREER INSIGHTS

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**General Meeting Dates**

**2nd and 4th Monday, Monthly**

7:00 to 9:15 pm

Ministry Center  
729 Grand Canyon,  
Hoffman Estates, IL

- 9/12 - "Ten Things To Make Yourself More Marketable"
- 9/26 - "The Art of Giving and Receiving"
- 10/10 - "The Art of Impression Management"
- 10/24 - "Plan-B Planning"
- 11/14 - "Working With An Employment Agency"

**ABOUT THE MEETINGS**

The General Meetings of the St. Hubert Job and Networking Ministry consist of a career presentation / topic, followed by formal networking. Bring your handbill, resume copies or business cards to use in the facilitated networking portion of the meeting.

All St. Hubert Job and Networking Events are non-denominational, free and open to all occupational categories.

Newcomers Meeting - second Monday—6:00pm before the regular meeting.

## THE POWER OF RESILIENCE AND COURAGE

**We** were certainly delighted to have Ann Potts with us at St. Francis de Sales Church, in Lake Zurich. Ann is an executive coach and consultant and provided us with a presentation focused on building up our ability to face difficulties and the unknown.

While we can't provide you with everything Ann spoke of, some of the highlights of her presentation included what to do when feeling a little down and out. She said the first thing she does is to telephone one of her cheerleaders. Ann defined a cheerleader as someone who is always upbeat, positive and a big personal supporter of yours. Just talking to them significantly helps to overcome that feeling of loss. Ann next mentioned that we sometimes forget that we have been through a lot in life and we can get through this — but we must believe both in ourselves and our ability to overcome what sometimes seems insurmountable. The third action Ann recommended was to partner daily even if only a phone call to assure yourself you are on the right track, and to use it as an exchange of both information and feelings. Partnering correctly means giving each other

permission to offer advice and counsel in a supportive and non-critical way.

There were five areas Ann Covered to gain resilience and Courage;

**CHOOSE:** What do you want people to say about me at end of life? We don't want adversity to change who we are—become cynical and hard—we want to deal with the issues and life's uncertainty as who we are. We have to fit it into our life plan.

**FEEL:** Once we accept what is happening we can deal with it. It may mean overcoming the grieving and emotions we are experiencing knowing that it is human to have emotional reactions. Prayer, journaling, taking walks, reflecting helps to clear what may be confusion and fear.

**FIND:** Find that personal support. It may not be in one person. Find the up-lifters and coaches so we don't lose ourselves through job loss.

**IMPLEMENT:** Be your own process manager— follow the steps that work for you.

And last -

**ADAPT:** use your optimism— courage is the decision to keep going.

## - EMPLOYED - YET, STILL HERE ?!

Networking is a means to finding our way to a new and better opportunity. Yet many stop networking the moment they find a new job. It is curious that the connection between continuous networking and staying employed is missed by some. Even more unusual is the unemployed networker who feels that a networking group should be only those who are out of work, even though there are many who are under employed, significantly unhappy in their work and otherwise feeling a need to make a job change.

At the Saint Hubert Job and Networking Ministry meetings you will find both the employed and unemployed. It is encouraged and accepted. After all, the person who may be leaving a job may be in a good position to refer an unemployed friend who might fit better into that opportunity they are or will leave. The bottom line is that , when networking, understand and accept the fact that some of those you meet at meetings will be employed. We are all seeking a better opportunity as well as a regular paycheck. Those employed may be helpful to you. Look to them as a resource and not an interloper. Networking also means sharing. Please, do your part to help others reach their goals.

## FUTURE EVENTS; CALENDAR

- Listed below are Resume Review and Seminar Events to place on your calendar. Please join us.
- RESUME REVIEWS**
- 9/10—Sat. 9:00am to 11:00am**  
Countryside Unitarian Church—Palatine
- 10/8—Sat. 9:00am to 11:00am**  
Church of the Holy Spirit — Schaumburg
- FREE RESUME REVIEWS AND SEMINARS
- 10/22—Sat. 9:00am to 11:00am** St. John the Evangelist Church—Streamwood
- 11/5—Sat. 9:00am to 11:00am** St. Raymond Church—Mt. Prospect
- SEMINARS**
- 9/21- Sat. - 9:00am to 12 Noon**  
"Career Salesmanship" Schaumburg

- Community Church, Schaumburg
- 9/24 - Sat.—9:00am to 12 Noon** "6 Months Out—Still Not Connecting"  
Roselle United Methodist Church—Roselle
- 10/1 – Sat.— 9:00am to 12 Noon**  
"First Ten Days of Your New Job" St. Thomas the Apostle Church -Crystal Lake

### THE "TELL ME ABOUT YOURSELF?" QUESTION

Interviewers ask the darndest things... Like, "Tell me about yourself?" "Just where would you like me to start!" ... You might think? Do I start at my first recollections as a child? Or, perhaps at the start of my last job? At the first job I ever had? WHERE !!!!!?

Well, the actual answer may be to, **ask the interviewer where they might like you to begin?** Most will say, "Tell me about your career." You can then describe briefly how you got into your profession and not only the achievements you've made in that career path but how you went about making those

*... it is not a trick question!*

accomplishments. An example might be: "At J. M. Walters Company, I was lead mechanical designer. During my 5 year tenure, we developed and released a new timer mechanism for the Army, a new commercial timer for the HVAC industry and a new timer mechanism for the Laramie Proving Grounds, where they test new engines for application in oil-well drilling. My role was conceptual design of housings, mounting stability and connectivity. I created several patented designs and received an award from the Army defense command for miniaturization concepts."

You might follow that with—"I was

fortunate enough to be selected to attend an engineering creativity course at MIT in 2005, which was sponsored by my company. I brought back the ability to link mechanical engineering designs with new materials saving the company hundreds of production dollars converting to heavy plastics from sheet metal and helped our materials department find several new vendor suppliers of alternate piece parts that saved thousands of dollars."

"Then, in moving on to Casey Electronics, I became senior Product Engineer, Mechanical concepts in 2010. There I...."

What this shows us is how to develop a story telling format that includes the best of what you do and how you do it. It goes from a point in time—perhaps your third of last three jobs — bringing them up to date. It is a good way to start and can be done in less than five minutes. It will trigger strong interest, provided the past achievements are relevant to the job you are interviewing for.

Tell me about yourself... is not a trick question; it is a door opener to your value. Treat it that way and you will successfully transition the interview to where you'd like it to be — Strong interest and a show of your qualifications and ability to perform as well as to succeed in the position applied for.

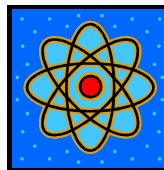
### UNLEASH YOUR CANDIDATE POWER

At our Partner Parish, Orchard Evangelical Free Church, Bob Podgorski, coordinator of the St. Hubert Job and Networking Ministry, gave us a presentation on how we can find and use the power that we have as candidates. Bob started with a simple premise—that the interview and hiring process is not all one sided as many believe. It is a two way street that allows you, as the candidate, to employ some power to dictate the direction your job search will go in. It is not one sided nor is it a game of chance.

Bob began by recommending that you using a descriptor—a paragraph of what your next job should look like—it includes type of job, environment, co-worker profile, type of boss preferred, salary range and benefits required and nice to have. This acts as a point of reference for you in seeking and identifying opportunities. Without it, you are shot gunning the market. He talked

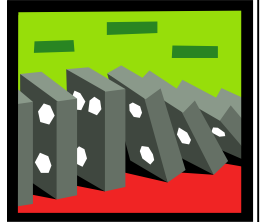
about strategies you put in place and would act on that target your descriptor and how to use that descriptor. He talked about how you can work the interview. He said that your desire should be for the interview to go from caution to curiosity, then to rapport plus interest, and result in an offer and hire.

The power to qualify comes from how you represent yourself. To bridge caution, be positive and future focused. Stay confident in the work and show relevance to it with examples of accomplishment. Bob showed how to move an interview to curiosity and interest as well. His examples gave us ways to help the interviewer see our worth and value.



### ORGANIZING YOUR JOB SEARCH

Steve Rosenblum is a survivor, better yet, he is an expert job finder and he shared his insights with us on how to organize a job search to reach success.



Steve began with an overview of his career pathing. He shared the ups and downs, the ins and outs and what works and doesn't work. We'll focus on what works since that made up the majority of his own success.

Steve said that to be motivated in a job search means to stay in control. Lack of motivation causes slowing and stifling. He said a good place to start is to get thinking—think about your objectives, timelines, schedules and scheduling. He asked that we develop a marketing plan and create the collateral to go with it. Along with work space he covered the tools: resumes, tracking systems and outside the home resources. As we get set-up in work space we determine the market and how to get the message out. He covered networking A-Z and emphasized follow-up as the most important aspect of job search. His 3X3 follow-up methods was an important process in networking and interviews. Steve said to refine periodically to remain making progress fully engaged and focusing on real opportunity.

Steve ended with how to remain pro-active in managing your career and effectively transition.

Every so often we need to step back and rethink the entire job search process - to look at it through different eyes - to see where we can do better. Steve gave us that opportunity. Our thanks to Steve Rosenblum, Senior Practice Lead, Talent Acquisition with Infosys Limited.

*Free Resume Review  
Unemployed?  
Underemployed?  
Seeking a job change?*

*Then join us and our six Search and Human Resources Professionals for a face-to-face Resume Review. Open to all and non-denominational. See event calendar, page 1.*

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Bob Podgorski, coordinator  
St. Hubert Job and Networking Ministry

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**St. Hubert Job and Networking Ministry**

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Http://finance.groups.yahoo.com/  
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St\_Hubert\_Job\_Ministry/

#### Who We Are...

The Saint Hubert Job and Networking Ministry was founded in March of 2003. It continues to be a well attended job support group providing spiritual and career guidance, networking opportunities and a forum for helping one another through job transition. Join us for a meeting and gain the advantage in your job search. We are there to help you reconnect.

Visit our QR code

